



Information Sheet:

Welcome to Carers Manchester

Last updated: July 2026

Hello from Carers Manchester!

We're a group of carer organisations working together to provide you with support and improve carer services for you as Manchester's unpaid carers.

- Website: <https://www.carersmanchester.org.uk/>
- Facebook: <https://www.facebook.com/CarersManchester>
- LinkedIn: <https://www.linkedin.com/company/carersmanchester/>

Am I a carer?

An unpaid carer is someone of any age who supports a relative, partner or friend who could not manage without that support. This may be due to physical or mental health needs, disability, frailty or addiction. A carer may not always live with the person they care for, or may not care for them full time. Recognising that you might be a carer means that you can access advice, support and guidance to assist both yourself and the person you care for.

What is the Carers Manchester Contact Point?

Carers Manchester Contact Point is a gateway and first point of contact, to support unpaid carers aged 18+ who live within the Manchester City Council area and/or care for someone who does.

You can call our helpline and speak with one of our advice workers (typically over one or two telephone calls) about your caring role and any support needed.

This generally covers:

- Support available from the Council for you and/or the person you care for
 - Carer-related benefits
 - Grants and other financial support
 - Signposting to other organisations for longer-term or specialised support

How to reach the Carers Manchester Contact Point

- Call: 0161 543 8000 (Open Monday-Friday, 10am-4pm; and 9am-4pm on Wednesdays. Closed on bank holidays.)
- Visit: www.carersmanchester.org.uk/contact and fill in our enquiry form

If English is not your preferred language, we can arrange a support call through an interpreter.

Additionally, if you are a working carer, you can use our web form to request support by email, schedule an appointment, or call our helpline on Wednesdays when the line opens earlier from 9am-4pm. We will also be looking at extending opening hours from 9am- 6pm on Wednesdays in the near future.

Carers Card

We now offer all Manchester carers aged 18+ a FREE digital ID card, in partnership with Carers Card UK. The card...

- can help you identify yourself as a carer in public and health settings
- gives you access to a range of discounts, available via the Carers Card UK app and website.
- gives you access to an online wellbeing centre and chat forum
- can include emergency contact information and a link to an emergency plan

Complete our 2-minute application for a card:

- Visit: www.carersmanchester.org.uk/carers-card/

If you need help with your application:

- Call: 0161 834 6069 (ext 1133)

Newsletters and events

Our fortnightly email newsletter keeps you up to date with local events, activities and the latest news for carers in Manchester. To sign up, visit

- www.carersmanchester.org.uk/newsletter

Please check your inbox (or spam/junk folder) for an email asking to confirm your request. You'll then be added to the mailing list.

You can also check the Events Calendar on our website to find out about regular activities and groups across Manchester:

- www.carersmanchester.org.uk/events

We also have a quarterly postal newsletter for carers who don't use the internet. If you, or someone you know, might be interested, please:

- Call: 0161 834 6069 (ext 1133)

Local support

Carers Manchester has three locality partnerships: North, Central and South. Each works with professionals (such as GP practices, Integrated Neighbourhood Teams and primary care organisations) to link carers up with ongoing support and activities in their local area.

Carers Manchester **North** (led by Manchester Carers Forum) supports carers in Ancoats and Beswick, Clayton and Openshaw, Charlestown, Cheetham, Crumpsall, Harpurhey, Higher Blackley, Moston, Miles Platting and Newton Heath.

- Call: 07970 174 774
- Email: cmnorth@manchestercarersforum.org.uk

Carers Manchester **Central** (led by the African Caribbean Care Group) supports carers in Moss Side, Hulme, Longsight, Gorton, Ardwick, City Centre, Rusholme and Levenshulme.

- Call: 0161 226 6334
- Email: cmc@accg.org.uk

Carers Manchester **South** (also led by Manchester Carers Forum) supports carers in Chorlton Park, Old Moat, Withington, Didsbury East and West, Burnage, Brooklands, Northenden, Baguley, Sharston and Woodhouse Park.

- Call: 07494 097 568
- Email: cmsouth@manchestecarersforum@org.uk

Specialised Support

The Carers Manchester Network is a partnership of organisations that support carers across the city. Some are there to meet the cultural needs of carers – for example from the South Asian, African Caribbean, Jewish and Chinese communities; others offer specialised support if you're caring for someone with a particular condition – such as dementia or stroke – or a child with additional needs. You can find details on our website, or speak to someone at the Contact Point helpline who can talk you through your options.

- Call: 0161 543 8000
- Email: contactpoint@carersmanchester.org.uk
- Visit: <https://www.carersmanchester.org.uk/who-we-are/>

Support for Young Carers (aged under 18)

Manchester City Council has resources, details of how to request a Young Carers Assessment, and information about Young Carer Champions in schools on its website.

- Call: 0161 234 5001
- Visit: https://www.manchester.gov.uk/info/200015/carers/7309/young_carers

