



# Carers Breaks Strategy Action Plan

## July 2025 – March 2028

V01 March 2025

Priority Area 1 - Provision and availability of carers breaks			
Key Objectives	Action and Impact	Lead (s)	Timescale
CM Network members to continuously enhance the provision of current breaks and explore opportunities for funding for further opportunities.	Network Members to individually seek to increase the provision of carers they support	Network Members	Annually
CM Network members to explore opportunities for carers to have access to more regular breaks at a low cost or provided free.	Network Members to individually seek additional funding to provide carers with additional break opportunities	Network Members	Annually
CM Network members to explore opportunities for delivering breaks at times and spaces that suit carers, including offers at evenings and weekends and online.	Carers Manchester Network to collectively seek funding to provide breaks for all Manchester Carers	Carers Manchester Network	Annually
Explore the feasibility of linking Carers Manchester Carers Card to City Council's, or an alternative rewards scheme	Gaddum and City Council to complete current discussions	Gaddum / Manchester City Council	Sept 2025
Seek to provide free or subsidised access to leisure centres to provide carers with access to ongoing opportunities at a time that suits them	City Council to explore feasibility of linking subsidised access to leisure centres with Carers Card	Manchester City Council	October 2025
	Gaddum Co-ordination function to target Private leisure providers to see if they can offer subsidised access	Gaddum	March 2026
Explore opportunities for further collaboration with culture, music and sports providers for free or discounted tickets; and collaboration with business and colleges to provide regular opportunities for pampering, haircuts and massages.	Carers Manchester Co-ordination team to develop plan for developing partnerships with potential partners	Gaddum	Sept 2025
	Carers Manchester Co-Ordination team to manage Carers Manchester partnerships	Gaddum	Annually
	Halle and Bridgewater Hall partnership renewed annually	Gaddum	June 2025

The Carefree project, which provides access to free hotel breaks to be extended until October 31st 2025, utilising existing funding, and then be reviewed.	ACCG to deliver Carefree project, including developing additional comms to ensure carers are aware of the offer and increase take up	African Caribbean Care Group	October 2025
	ACCG to undertake research with carers as to why actual take up of the breaks is a small proportion of carers registering	African Caribbean Care Group (ACCG)	June 25
	Review of Carefree project	Gaddum / ACCG / Manchester City Council	September 2025

### Priority Area 2 Support carers need to take a break

Key Objectives	Action and Impact	Lead (s)	Timescale
To develop a varied and comprehensive replacement care offer for the cared for person which must include a) Developing, or commissioning, sitting services in the home of the cared for person during the day and overnight b) Developing a better understanding of the availability and provision of respite care in both care homes and day centres and the benefits they bring to carers c) To develop and deliver a new residential care respite offer for carers	Undertake a feasibility study on how a sitting service could be made available to Manchester carers to support them to take a break	Manchester City Council	Dec 2025
	Enhance the information available on provision, and access routes to respite care in residential and day centre facilities	Gaddum / Manchester City Council	Sept 2025
	Actions to be agreed	Gaddum / Manchester City Council	TBC
To develop increased support to cover the cost of breaks through exploring provision of free offers, grants, subsidised offers and support to access mainstream activities at reduced cost or for free.	All providers of Carers Breaks to maximise alternative funding allowing breaks to be provided free or at subsidised cost	Carers Manchester partners	March 27
	To develop a funding guide for Partners on where to access financial support for provision of breaks	Gaddum	Oct 25
To improve the provision and awareness of support available with travel and transport,	Review existing offer and develop a guide which will ensure carers are aware of all available offers, including	Gaddum	March 2026

particularly for carers who have disabilities or are on a low income.	specific transport and free/reduced offers.		
	Explore opportunities for free or reduced travel and other support for carers with local transport providers and link this into the Manchester Carers Strategy action plan	Manchester City Council	March 2026
<b>Key Objectives</b>	<b>Action and Impact</b>	<b>Lead (s)</b>	<b>Timescale</b>
Carers Manchester to take responsibility for improving publicity about all available breaks utilising all available comms platforms.  Increase publicity about other offers, both those specific to carers (such as national Carer Card schemes), and universal free or subsidised activities.	To develop a separate section on the Carers Manchester website for Carers Breaks	Gaddum	Dec 25
	To include a monthly item on carers breaks in our e-mail newsletters and quarterly in our printed newsletter	Gaddum	From Sept 25
	To provide financial support to Network Members to support them develop new or enhanced publicity for the breaks they provide	Gaddum	Sept 25
	To develop an annual programme for social media platforms publicising the availability of breaks	Gaddum	Annually – April 26 onwards
The City Council and Carers Manchester to ensure that all carers have access to information about their rights to a Carers Assessments and how a Carers Personal Budget can provide access to a break.	Develop improved communication materials to be shared with carers via existing comms channels – including Leaflet, Social Media campaign, 5 regular articles in newsletters	Gaddum / Manchester City Council	October 25
	Develop and share a case study about a carer using Carers Personal Budget for a break	Gaddum	Nov 25
Carers Manchester to develop a comms campaign designed to help carers understand that taking a break from their caring role is important to their own health and wellbeing. This to be developed in co-production with the Lived Experience panel.	Stand alone comms campaign developed highlighting the importance of carers to take a break	Gaddum / Comms group	March 26
All voluntary sector members and statutory partners of Carers Manchester use the terms as agreed by the Delivery Group based on the consultation.	In all comms materials, reports and wherever carers breaks are mentioned, the term ‘Carers Breaks’ or ‘Carers Breaks for Adult carers’ should be used to describe the breaks and offers.	All Carers Manchester Network members and Statutory partners	October 25

<b>Key Objectives</b>	<b>Action and Impact</b>	<b>Lead (s)</b>	<b>Timescale</b>
The City Council to capture data on the numbers of people accessing a Carers Personal Budget following a Carers Assessment and what these budgets are used for a 6-month period. This information then to be reviewed with the Delivery Group and Lived Experience reps and further recommendations developed	City Council to enhance/develop systems which will support provision of information on: <ul style="list-style-type: none"> <li>• Numbers of people accessing a Carers Assessment and outcomes</li> <li>• Numbers of people provided with a Carers Personal Budget and outcomes</li> </ul>	Manchester City Council	Dec 2025
	Delivery group including Lived Experience reps to reconvene to consider information and make recommendations for 2026 onwards	Gaddum and Delivery group	March 26
The Contact Point to enhance the data they collect on the number of carers contacting them for information on short breaks and where carers were referred for short breaks.	Gaddum to review current data collection processes and include new criteria	Gaddum	September 26
	Information to be added to Carers Dashboard and Contract Monitoring processes	Gaddum	From Quarter 3 2025
To improve data collection processes on number of people with carers who access respite care, in both day centres and residential care.  Develop a process for capturing the impact that providing respite care in Residential Care units and Day Centres has on carers	City Council to enhance/develop systems which will support provision of information on: <ul style="list-style-type: none"> <li>• Numbers of people accessing respite breaks in Care Homes and impact on carers</li> <li>• Numbers of people accessing day centres and impact on carers</li> </ul>	Manchester City Council	December 2025
	Delivery group including Lived Experience reps to reconvene to consider information and make recommendations for 2026 onwards	Gaddum / Lived Experience Panel	June 2026
Explore ways to capture the impact breaks are having on carers' wellbeing.	Research and develop a process where impact on health and wellbeing of a break can be captured	Gaddum	March 26

<b>Key Objectives</b>	<b>Action and Impact</b>	<b>Lead (s)</b>	<b>Timescale</b>
That the delivery group continues to meet to monitor and oversee the delivery of this strategy	Delivery group to meet quarterly to oversee progress against action plan	Gaddum	From quarter 3 2025
That responsibility for the action plan delivery will lie with the Carers Partnership Board and the partners of Carers Manchester	Key priorities from this action plan to be incorporated into the new Carers Strategy	Manchester City Council	March 2026
	Annual report on progress of delivering this action plan be considered by CPG annually	Gaddum	April 26 and annually
	That progress on delivering this action plan is referenced in the annual report of the City Council to the Health Scrutiny Committee	Manchester City Council	Annually from 26
The review of any policies carried out by Statutory Partners which impact on carers access to short breaks should be co-produced with the involvement of Carers Lived Experience reps			
That the Lived Experience panel formally review their involvement in the development of this strategy and make recommendations for change	Lived Experience reps to undertake review of their role	Gaddum / Lived Experience Panel	Sept 25



